

8. Clutter Analysis Worksheet

<p>Circle the area evaluating: kitchen, family room, living room, dining room, home office, bathroom, laundry room, play room, master bed room, child room, other _____.</p>	
Possession Problem	<p><input type="checkbox"/> Is the clutter a possession problem—do I <i>have</i> too much stuff or do I <i>have</i> a habit of not putting things away?</p> <p><input type="checkbox"/> If the clutter is a possession problem, what physical items or habits are causing the bulk of my clutter?</p>
Resource Problem	<p><input type="checkbox"/> Is the clutter a resource problem such as lack of time or space?</p> <p><input type="checkbox"/> If the clutter is a resource problem what can be done to better utilize my time, space, or other resources available to me?</p>

Write additional thoughts: